



Choosing Wisely® For Critical Care DAILY CARE ROUNDING CHECKLIST

Action	Recommendation	HD # Date:
Spontaneous awakening trial (SAT) has been performed.	2021: Do not delay mechanical ventilator weaning unless there is clinical evidence of need.	YES/NO/N/A
Spontaneous breathing trial (SBT) has been performed.	2021: Do not delay mechanical ventilator weaning unless there is clinical evidence of need.	YES/NO/N/A
Sedation goals have been set.	2015: Do not deeply sedate mechanically ventilated patients without a specific indication and without daily attempts to lighten sedation.	YES/NO/N/A
CAM-ICU	If positive, what changes can be made	YES/NO/N/A
Patient has been mobilized.	2021: Do not delay mobilizing ICU patients.	YES/NO/N/A
Assessment has been completed for central line, arterial line, or bladder catheter needs.	2021: Do not leave lines, tubes, or drains in ICU patients that have not been evaluated at least once daily and judged to provide continued patient benefit.	YES/NO/N/A
Nutrition needs have been discussed.	2015: Do not use parenteral nutrition in adequately nourished critically ill patients within the first 7 days of an ICU stay.	YES/NO/N/A
Diagnostic tests have been reviewed.	2015: Do not order diagnostic tests at regular intervals (such as daily) but rather in response to specific clinical questions.	YES/NO/N/A
Assessment has been completed for transfusion needs.	2015: Do not transfuse red blood cells in hemodynamically stable, non-bleeding ICU patients with a hemoglobin concentration greater than 7g/dL.	YES/NO/N/A
Assessment has been completed for antibiotic needs.	2021: Do not delay discontinuation of antibiotics in culture-negative and asymptomatic patients with sterile cultures beyond 48 hours.	YES/NO/N/A
Prophylaxis	HOB > 30 degrees, SCD's, DVT chemoprophylaxis, GI Prophylaxis	YES/NO/N/A
BG in Goal	Goal blood Glucose 140-180	YES/NO/N/A
DTI Prevention	Turn Q 2 hrs, barrier cream, Mepilex if indicated	YES/NO/N/A
Restraints	Avoid if possible, evaluate safety	YES/NO/N/A
Patient goals of care have been reviewed with the patient and/or family or surrogate decision-maker.	2021: Do not provide care that does not align with the documented patient's and family's goals, values, and preferences for healthcare.	YES/NO/N/A
Code status has been documented.	2015: Do not continue life support for patients at high risk for death or severely impaired functional recovery without offering patients families the alternative of care, focused entirely on comfort.	YES/NO/N/A

